

Guidelines for Quarantine After Exposure in K-12 Classroom Settings

While great strides have been made in controlling the spread of COVID-19, the virus remains a threat, and the ongoing health and safety of K-12 students, staff, and volunteers remains paramount. **Ohio's goal is to keep K-12 students in school, in person five days a week. Students benefit cognitively, emotionally, and developmentally from in-person learning.**

This guidance can help guide quarantine decisions after a student or adult contact is exposed to someone with COVID-19 in the **classroom setting**.

As Ohio prepares to enter the 2021-22 academic year, the Ohio Department of Health (ODH) recommends in its **COVID-19 Health and Prevention Guidance for Ohio K-12 Schools** following layered prevention strategies that were remarkably effective at controlling COVID-19 during the 2020-21 school year. These include strongly recommending vaccination for those who are eligible; strongly recommending use of face masks in K-12 settings, particularly for those who are not fully vaccinated; maximizing distance between people; prompt identification and providing appropriate care for people exhibiting symptoms of COVID-19; practicing good hygiene; and routine environmental cleaning and disinfection.

Modified quarantine procedures for K-12 schools

The K-12 school environment is a setting in which layered public health strategies have been shown to be effective at reducing spread of COVID-19. During the 2020-21 school year, Ohio modified standard quarantine procedures for K-12 students based upon studies and pilot evaluations, including the Ohio Schools COVID-19 Evaluation, which is further supported by the Centers for Disease Control and Prevention's (CDC's) new Close Contact K-12 Exception. Modified quarantine procedures will continue as Ohio schools begin the 2021-22 school year. With layered prevention strategies in place, more students will be able to remain in the classroom and continue participating in sports and extra-curricular activities.

COVID-19 vaccines are highly effective at preventing severe illness; while some infections are expected to occur in fully vaccinated people, these breakthrough infections are typically mild. To help prevent the potential spread of COVID-19 and keep students in school, everyone should follow recommended prevention measures after possible exposure to COVID-19.

The below guidance can be used to address **COVID-19 exposures in K-12 in-person learning environments** and on required school transportation (e.g., school buses). Consult with your local health department if you have questions or concerns about quarantine procedures.

Please note that this guidance applies for **contacts** who have been exposed to someone with COVID-19. The person who tested positive for COVID-19 should follow standard isolation procedures.

- **Quarantine is not necessary** for students and adults possibly exposed to COVID-19 in K-12 school settings, regardless of vaccination status, if ALL the following prevention measures have been in place:
 - **Masking** for students and staff (regardless of vaccination status).
 - **Physical distancing** is maximized (at least 3 feet between desks).
 - Documented **COVID-19 prevention policies** (e.g., identification of individuals experiencing symptoms, strategies to increase ventilation, protocols for cleaning, etc.).