



# OCTOBER

Grades K-6 \$2.50 Grades 7-12 \$3.00

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
Meatball Subs Broccoli & Cheese WG Cookie Fruit Milk 1	Deli Turkey Sub Tater Tots Ice Cream Sand. Fruit Milk 2	Grilled Cheese Tomato Soup Carrots Fruit Milk 3	Tacos Black Beans Lettuce/Cheese Fruit Milk 4	Fiestada Pizza California Blend Veggies Fun Size Chips Fruit Milk 5
Chicken Patty Sand. HS: Cheese Slice Green Beans Fruit Milk 8	Walking Tacos Black Beans Tomato Salsa HS WG Cookie Fruit Milk 9	Hot Dog HS: Footlong Baked Beans Rice Krispie Treat Fruit Milk 10	Shred Chicken or Sloppy Joe Carrots Ice Cream Fruit/Milk 11	Chicken Nuggets Mashed Potatoes Dinner Roll Fruit Milk 12
Pizza Bagels Peas Cookie Fruit Milk 15	Mini Corn Dogs Fun Size Chips Green Beans Fruit Milk 16	Orange Chicken Rice Broccoli Fruit Milk 17	Loaded Nachos Cheese, Taco Meat, Tomatoes Fruit Milk 18	Rocket Chicken Rings French Fries Dinner Roll Fruit Milk 19
<b>National School Lunch Week! Try Something New!</b>				
 22	Baked Potatoes Cheese Sauce Broccoli Fruit Milk 23	Pizza Boz Green Beans Fun Size Chips Fruit Milk 24	Chicken Nuggets Mashed Potatoes Dinner Roll Fruit Milk 25	Hamburger HS lettuce/pickle/onion French Fries Fruit Milk 26
Corn Dog Sweet Potato Fries Carrots Fruit Milk 29	French Toast Sticks Hashbrowns Sausage Fruit Milk 30	Grilled Cheese Tomato Soup Carrots Fruit Milk 31		



We are in need of some substitute helpers in the kitchen! If you are interested in helping out occasionally, please let us know. You can call Mary Miller at 419-384-3225 or email at millerma@pgrockets.org.